



OUR MISSION:

Dolls of Hope strives to bring hope and joy to children one doll and bear at a time because we believe every child deserves to have a toy to cherish. We know how much hope, joy and comfort stuffed toys bring to children, especially children in crisis and children who have nothing.

TEDDY BEAR PATTERN PACKET





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Patterns are for charity purposes only.

**www.dollsofhope.org
dollsofhopeinternational@gmail.com**

Refer to the frequently asked questions page on our website with any questions you may have about the pattern or instructions: www.dollsofhope.org/faq

*If you still have questions after referencing the FAQ page,
email us at dollsofhopeinternational@gmail.com*

1

Download and print the pattern out.

*It will print as two 8.5" x 11" pieces of paper
which you will tape together.*

2

*Cut out the pattern.
The pattern should
be approximately
13 1/2 " x 10 1/2 "
when it is cut out.*



3

*Choose your fabric. Please use soft fabrics
like flannel, minky, fleece and knit.*

*Feel free to mix and match
colors and fabrics. The children love bright
and colorful bears. If you use flannel,
we prefer one side to be fleece or minky
to make it extra cuddly.*

4

*Place the right sides
of the fabric together.*

5

*Trace pattern on the wrong side of one piece of the fabric
using a fabric vanishing or fabric disappearing tracing marker or a fabric tracing pen or pencil.*

Please do NOT use a sharpie as it often shows through the fabric.

NOTE: You will be sewing directly on the line you have traced and not cutting on this line.

6

Cut a rectangle around where you have traced the bear or cut out the general shape of the bear as shown in Image A. This method makes it easier to sew the bear without worrying about missing any of the seams, especially when using minky fabric as minky fabric often slips. You can also trim $\frac{1}{4}' - \frac{1}{2}'$ around the traced bear, as seen in image B.



Image A



Image B

7

Using the pattern and a fabric vanishing / disappearing tracing marker or a fabric tracing pen or pencil, please mark where to embroider the eyes, nose and mouth on one side of the bear.

You can make a face template to use to mark the front side of the fabric by tracing the eyes, nose and mouth from the pattern onto a separate piece of paper. (See image)



8

Hand or machine embroider the face using embroidery thread and small secure stitches making sure there are no loose threads. Or cut out small pieces of felt for the eyes and nose and hand stitch them on the bear using small secure stitches around the perimeter of the pieces of felt (do NOT just anchor them in the middle). Then hand stitch a mouth. This will save time and is a little easier than embroidering the entire face by hand.

NOTE: PLEASE DO NOT use PAINT or SHARPIES or FABRIC MARKERS, or BUTTONS on the faces.

If hand embroidering the face, please start on the wrong side of the fabric making sure to HIDE THE KNOTS ON THE INSIDE of the bear so the children will not be tempted to pull at the knot and unravel the face.

Please **DO NOT use French knots** on the eyes or face as they aren't always secure and little fingers can easily pull them and loosen the embroidery floss.

ALWAYS ADD a COMPLETE FACE (eyes, nose and a mouth).

NOTE: You can find video tutorials for hand embroidering faces here:

<https://dollsanddaydreams.com/blogs/news/16549800-embroidery-techniques-for-doll-and-softie-faces>

NOTE: It is possible to embroider the face after the bear is finished using this technique shown in this video:

<https://www.youtube.com/watch?v=W9BCCZxMzU&feature=youtu.be>

Thread your needle with the embroidery floss. Tie a knot and pull the needle through from the back of the head to the point where you want to start stitching. Pull the knot through the back of the head fabric, pulling gently until the knot pops through the back of the head and is secured behind the face of the bear. The knot is now inside the bear's head. Stitch the face using small secure stitches.

When you are done the facial features, push your needle through to the back of the bear. Tie a knot and then push the needle back through the same hole and out another area of the back of the bear so the knot is now hidden in the middle of the bear. Pull gently and cut your thread close to the body so the embroidery floss hides in the body of the bear and is no longer visible.



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Sew around the bear, starting at the bottom of the right leg and sewing on the line you traced all the way around the bear and finishing at the top of the right leg. This should leave a 2-3" opening in the right leg that will be used to stuff the bear. Please do NOT start sewing on the head as it typically results in losing part of the ear shape.

10

Carefully CLIP all of the CURVED areas and corners around the sewn bear, clipping every 1/4" or so. Be careful to clip close to the sewn line without actually cutting the sewn line. Clipping the curved areas and corners will prevent pulling and puckering of the bear when the bear is turned right side out.

11

Turn the bear right side out. Please make sure the ears and the arms are turned right side out completely.

12

Using small handfuls of polyfill stuff the bear. Start by filling one ear to the tip, then the other, then fill the head, then one arm to the very end, then the other arm. Then fill the body and move on to the legs, filling the right leg with the hole you're using to add the polyfill last.

* Please make sure all parts of the bear are FILLED and adjust any polyfill as necessary before moving on to the next step.

NOTE: You should use approximately 65-70 grams of polyfill to fill the bear. A 10 lb box of polyfill should fill approximately 50 bears.

Under stuffing the bear results in the bear looking limp and wrinkly. Over stuffing the bear results in the bear being too firm to squish and cuddle and often results in the seams being pulled apart or splitting. When the bear is filled properly you can squeeze and squish it and it will return to its original shape. If the bear is under stuffed when you squeeze or pinch the bear you can easily feel your fingers through the bear.

* If you are unsure if you have added enough polyfill or too much polyfill you can send a picture of your bear to dollsofhopeinternational@gmail.com before you move on to the next step.



13

Hand stitch the opening closed as neatly as possible using an invisible ladder stitch or a slip stitch. Please hide the knots on the inside of the bear so the children will not be tempted to pull at them and potentially open up the opening.

Ladder Stitch tutorial can be found here:

<https://dollsanddaydreams.com/blogs/news/16550012-how-to-close-softies-and-dolls-the-ladder-stitch>



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Quality Control Check all bears.

IMPORTANT QUALITY CONTROL CHECKS

**NOTE: Making items correctly takes extra time and effort, but it also means your items are filled with more love, and we believe the children can feel that love.*

- Please USE colorful, bright and SOFT fabrics, preferably fleece, flannel, minky or knit.
- Please add a COMPLETE face with eyes, nose and a mouth.
- Please DO NOT use markers to draw the faces as they often bleed and don't look as cute.
- If you use a fabric vanishing or disappearing marker and can still see the markings after your bear is finished please use a damp cloth to try to remove the markings.
- Please DO NOT use French knots on the faces as they aren't always secure and little fingers may be tempted to pull them and loosen the embroidery floss.
- Please DO NOT use buttons, markers or vinyl to add faces. You might want to avoid using pre-glued felt circles as they are very difficult to sew through.
- Please make sure to clip all seams before you turn the bear right side out.
- Please make sure ALL knots (from the hand embroidered face and sewing the opening used to turn and stuff the bear closed) are on the inside of the bear. Please see the tutorials shared above.
- Please do NOT under stuff or overstuff the bears but fill them completely so the arms and ears and legs are all filled. Under stuffing makes the items look wrinkly or limp while overstuffing can cause the seams to pull apart.
- Please check for any holes or seams that have split apart.
- Please check for loose threads in your hand stitching and check for knots on the outside of the bear.



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*Fill out the form below and include it with your bears
to help us keep track of who made the items we receive.*

DOLLS OF HOPE DONATION FORM

**Please include a donation form in each box you send*

Name: _____

Email: _____

Who made these items: _____

What would you like us to know about your donation? _____

Number of bears or dolls you are donating: _____



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Shipping instructions are found below

DOLLS OF HOPE SHIPPING INFORMATION

LOCAL DROPOFF

If you are local to American Fork, UT and would like to deliver items please contact us at dollsofhopeinternational@gmail.com

SHIP BEARS

To ship to Dolls of Hope we encourage you to use the Give Back Box program. This program allows anyone in the U.S. to ship a box to Dolls of Hope for \$15. The weight and size limits are extremely generous allowing our supporters to pack their bears into as few boxes as possible.

- 1) Pack your dolls and bears in a sturdy box
- 2) Maximum size limits: 70 lbs and 108" (length (longest side) + girth).
- 3) Use this link: <https://givebackbox.shop/collections/children/products/dolls-of-hope>
- 4) Click "Add to Cart" for each box you want to ship. Each box is \$15
- 5) Complete the check-out process
- 6) Print your label(s). NOTE: if you are printing multiple labels and shipping multiple boxes, please check the tracking numbers on the shipping labels to make sure they are different for each box. If they are not different, please email info@givebackbox.com and tell them you need new labels with different tracking numbers.
- 7) Attach the label(s) to your box(es) and drop them off at any UPS store

NOTE: Remember to include the Donation Form on pg 7 so it's easier for us to keep track of who made the items we receive.

Thank you for joining us in bringing joy, hope and comfort to children around the world! No matter if you make 1 or 15 bears, your contribution is invaluable as each bear will bless the life of one child.

**Please email
dollsofhopeinternational@gmail.com
or message Dolls of Hope on Facebook
if you have any questions.**





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Post a picture of your bears along with a message on the Dolls of Hope FB group page:

<https://www.facebook.com/groups/168797656889976/?ref=share>

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Follow us on social media to see where your bears are sent.

Instagram:

<https://www.instagram.com/dollsofhope/>

Facebook: <https://www.facebook.com/dollsofhopeinternational/>

If you do not have social media, you can see our shipments and Instagram feed on our Dolls of Hope website media page:

<https://www.dollsofhope.org/media>

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If you would like to include a small donation to help with our shipping costs, checks can be made out to The Undaunted Foundation or donations can be made at www.dollsofhope.org/donate

Dolls of Hope is a project of The Undaunted Foundation, a 501 (c)(3) non-profit organization. All donations are tax deductible.



