



**OUR MISSION:**

*Dolls of Hope strives to bring hope and joy to children one doll and bear at a time because we believe every child deserves to have a toy to cherish. We know how much hope, joy and comfort stuffed toys bring to children, especially children in crisis and children who have nothing.*

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# DOLL PATTERN PACKET





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**Patterns are for charity purposes only.**

**[www.dollsofhope.org](http://www.dollsofhope.org)  
[dollsofhopeinternational@gmail.com](mailto:dollsofhopeinternational@gmail.com)**

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*Refer to the frequently asked questions page on our website with any questions you may have about the pattern or instructions: [www.dollsofhope.org/faq](http://www.dollsofhope.org/faq)*

*If you still have questions after referencing the FAQ page, email us at [dollsofhopeinternational@gmail.com](mailto:dollsofhopeinternational@gmail.com)*

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**1**

*Download and print the pattern out. It will print as three 8.5" x 11" pieces of paper. Tape the two pieces of the body together.*

*Note: additional patterns for hair are included that you can print if you choose.*

**2**

*Cut out the pattern pieces.*

**3**

*Choose fabric. Please use soft fabrics like flannel, minky, fleece, knit etc are preferred, however soft quilters cotton is also acceptable. Feel free to mix and match colors and fabrics. The children love bright and colorful dolls.*

**4**

*Pin the pattern to the wrong side of the fabric and cut out.*

*You will need the following pieces:*

- *Body (2)-place right sides together*
- *Head (1 from hair colored felt or fleece for the back of the head, 1 out of tan or light brown skin colored fabric for the face)*
- *Hair (1 from hair colored felt or fleece)*
- *Pigtails (2)-optional*

**5**

*Using the face piece of the pattern and a fabric vanishing or fabric disappearing tracing marker or a fabric tracing pen or pencil, mark where to embroider the eyes, nose and mouth on the skin colored head piece of fabric. You can do open or closed eyes.*

6

Hand or machine embroider the face using embroidery thread and small secure stitches, making sure there are no loose threads. Or cut small circles out of felt and hand stitch them on the face using small secure stitches around the perimeter of the pieces of felt (do NOT just anchor them in the middle.)

**NOTE: PLEASE DO NOT use PAINT or SHARPIES or FABRIC MARKERS, or BUTTONS on the faces.**

**ADD a COMPLETE FACE** (eyes and mouth and you may also add cheeks if you would like).

If hand embroidering the face, please start on the wrong side of the fabric making sure to **HIDE THE KNOTS ON THE INSIDE** of the doll. This is done by starting on the wrong side of the fabric. If the knots are on the outside the children may be tempted to pull at the knot and unravel the face.

Please **DO NOT** use French knots on the eyes or cheeks as they aren't always secure and little fingers may be tempted to pull them and loosen the embroidery floss.

**NOTE: It is possible to embroider the facial features after the doll is finished using the technique shown in this video:**

<https://www.youtube.com/watch?v=W9BCCZxMzU&feature=youtu.be>

Thread your needle with the embroidery floss. Tie a knot and pull the needle through from the back of the head to the point where you want to start stitching. Pull the knot through the back of the head fabric, pulling gently until the knot pops through the back of the head and is secured behind the face of the bear. The knot is now inside the doll's head. Stitch the face using small secure stitches.

When you are done the facial features, push your needle through to the back of the doll. Tie a knot and then push the needle back through the same hole and out another area of the back of the doll so the knot is now hidden in the middle of the doll. Pull gently and cut your thread close to the body so the embroidery floss hides in the body of the doll and is no longer visible.

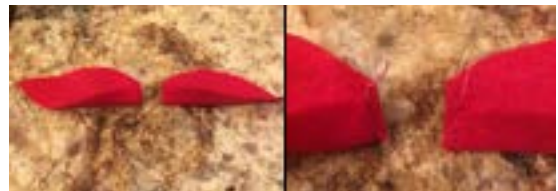
7

Sew the hair onto the skin colored head at the hairline using small secure stitches (as shown in the picture) as close to the edge of the felt or fleece as possible.



8

On the short side of the pigtail pieces, fold the bottom up  $\frac{3}{4}$  of the way to the top and sew as close to the edge as possible. The two pigtails should be mirrors of each other, rather than identical.



9

Sew the pigtails onto the front of the head, with the folded part facing in toward the face.



10

Sew the face to one of the body pieces on the dotted lines with right sides together.





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*Sew the hair colored felt head to the other body piece on the dotted lines with right sides together.*

12

*Open and press the seam of the front and back pieces.*



13

*Placing right sides together start at the bottom of the right leg and sew around the doll body with a 1/4 inch allowance ending at the top of the right leg. This should leave a 2-3" opening in the right leg that will be used to stuff the doll.*

14

*Carefully CLIP all of the CURVED areas and corners around the sewn doll, clipping every 1/4" or so. Be careful to clip close to the sewn line without actually cutting the sewn line.*

*Clipping the curved areas and corners will prevent pulling and puckering of the doll when the doll is turned right side out.*

15

*Turn the doll right side out, being careful to make sure the arms and head are turned right side out completely.*

16

*Using small handfuls of polyfill stuff the doll. Start by filling the head, then fill one arm to the end of the arm, then the other arm. Then fill the body and move on to the legs, filling the right leg with the hole you're using to add the polyfill last.*

*\* Please make sure all parts of the doll are filled and adjust any polyfill as necessary before moving on to the next step.*

*NOTE: A 10 lb box of polyfill should fill 50—60 dolls.*

*NOTE: Under stuffing the doll results in the doll looking limp and wrinkly. Over stuffing the doll results in the doll being too firm to squish and cuddle and often results in the seams being pulled apart or splitting. When the doll is filled properly you can squeeze and squish it and it will return to its original shape. If the doll is under stuffed when you squeeze or pinch the doll you can easily feel your fingers through the doll.*

*\* If you are unsure if you have added enough polyfill or too much polyfill you can send a picture of your doll to [dollsofhopeinternational@gmail.com](mailto:dollsofhopeinternational@gmail.com) before you move on to the next step.*





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Hand stitch the opening closed as neatly as possible using an invisible ladder stitch or a slip stitch. Please hide the knots on the inside of the bear so the children will not be tempted to pull at them and potentially open up the opening.

Ladder Stitch tutorial can be found here:

<https://dollsanddaydreams.com/blogs/news/16550012-how-to-close-softies-and-dolls-the-ladder-stitch>

## TO MAKE A HIJAB

- Cut a piece of knit fabric approx. 20" x 10".
- Wrap the fabric around the dolls head to form a hijab.
- Sew the wrapped fabric to the doll (tacking the fabric on the doll in 4-5 places) OR you could sew small pieces of Velcro to the doll and the hijab allowing the child who receives it to take the hijab off and put it back on. You could also attach the hijab with a safety diaper pin, allowing the child to take the hijab on and off





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*Quality Control Check all dolls.*

## **IMPORTANT QUALITY CONTROL CHECKS**

*\*NOTE: Making items correctly takes extra time and effort, but it also means your items are filled with more love, and we believe the children can feel that love.*

- Please USE colorful, bright and SOFT fabrics, preferably fleece, flannel, minky or knit.
- Please add a COMPLETE face with eyes and a mouth. You may add cheeks.
- Please DO NOT use markers to draw the faces as they often bleed and don't look as cute.
- If you use a fabric vanishing or disappearing marker and can still see the markings after your doll is finished please use a damp cloth to try to remove the markings.
- Please DO NOT use French knots on the faces as they aren't always secure and little fingers may be tempted to pull them and loosen the embroidery floss.
- Please DO NOT use buttons, markers or vinyl to add faces. You might want to avoid using pre-glued felt circles as they are very difficult to sew through.
- Please make sure to clip all seams before you turn the doll right side out.
- Please make sure ALL knots (from the hand embroidered face and sewing the opening used to turn and stuff the doll closed) are on the inside of the doll. Please see the tutorials shared above.
- Please do NOT under stuff or overstuff the dolls but fill them completely so the head, arms and legs are all filled. Under stuffing makes the items look wrinkly or limp while overstuffing can cause the seams to pull apart.
- Please check for any holes or seams that have split apart.
- Please check for loose threads in your hand stitching and check for knots on the outside of the doll.



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*Fill out the form below and include it with your dolls  
to help us keep track of who made the items we receive.*

## DOLLS OF HOPE DONATION FORM

*\*Please include a donation form in each box you send*

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Who made these items: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What would you like us to know about your donation? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Number of bears or dolls you are donating: \_\_\_\_\_





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*Shipping instructions are found below*

## DOLLS OF HOPE SHIPPING INFORMATION

### LOCAL DROPOFF

If you are local to American Fork, UT and would like to deliver items please contact us at [dollsofhopeinternational@gmail.com](mailto:dollsofhopeinternational@gmail.com)

### SHIP DOLLS

To ship to Dolls of Hope we encourage you to use the Give Back Box program. This program allows anyone in the U.S. to ship a box to Dolls of Hope for \$15. The weight and size limits are extremely generous allowing our supporters to pack their bears into as few boxes as possible.

- 1) Pack your dolls and bears in a sturdy box
- 2) Maximum size limits: 70 lbs and 108" (length (longest side) + girth).
- 3) Use this link: <https://givebackbox.shop/collections/children/products/dolls-of-hope>
- 4) Click "Add to Cart" for each box you want to ship. Each box is \$15
- 5) Complete the check-out process
- 6) Print your label(s). NOTE: if you are printing multiple labels and shipping multiple boxes, please check the tracking numbers on the shipping labels to make sure they are different for each box. If they are not different, please email [info@givebackbox.com](mailto:info@givebackbox.com) and tell them you need new labels with different tracking numbers.
- 7) Attach the label(s) to your box(es) and drop them off at any UPS store

NOTE: Remember to include the Donation Form on pg 8 so it's easier for us to keep track of who made the items we receive.

Thank you for joining us in bringing joy, hope and comfort to children around the world! No matter if you make 1 or 15 bears, your contribution is invaluable as each bear will bless the life of one child.

**Please email  
[dollsofhopeinternational@gmail.com](mailto:dollsofhopeinternational@gmail.com)  
or message Dolls of Hope on Facebook  
if you have any questions.**





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*Post a picture of your dolls along with a message on the Dolls of Hope FB group page:*

*<https://www.facebook.com/groups/168797656889976/?ref=share>*

**22**

*Follow us on social media to see where your dolls are sent.*

*Instagram:*

*<https://www.instagram.com/dollsofhope/>*

*Facebook: <https://www.facebook.com/dollsofhopeinternational/>*

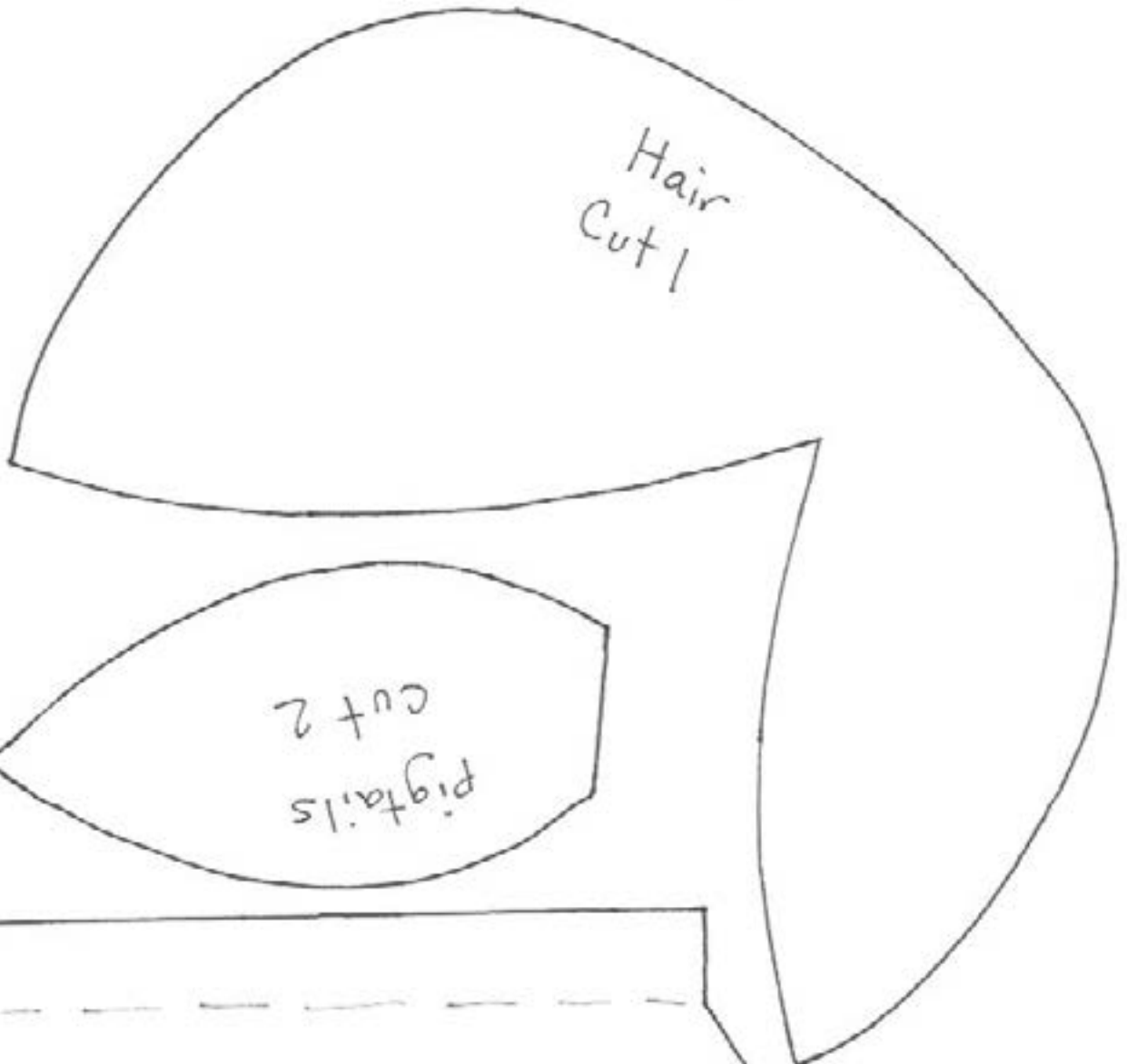
*If you do not have social media, you can see our shipments and Instagram feed on our Dolls of Hope website media page:*

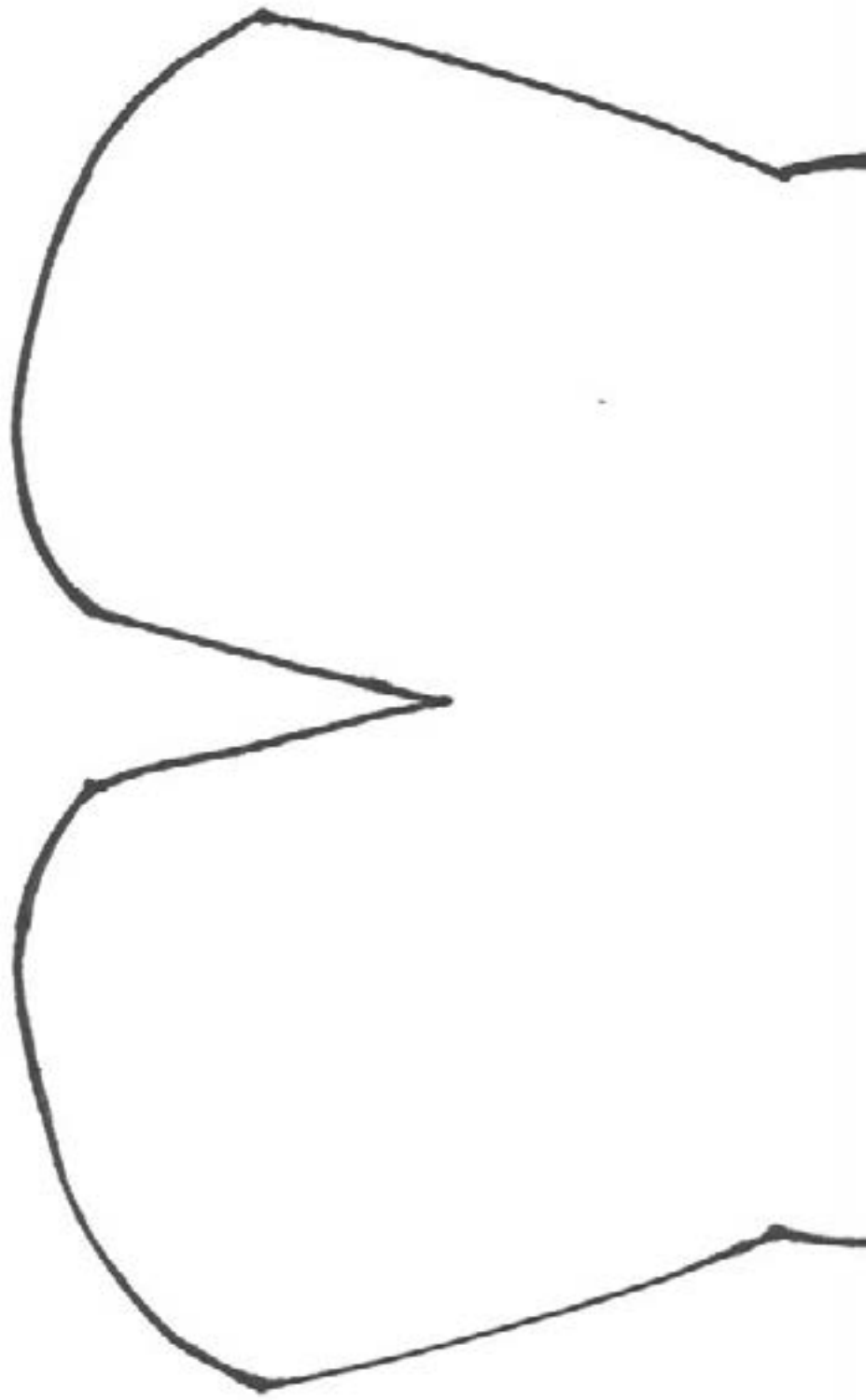
*<https://www.dollsofhope.org/media>*

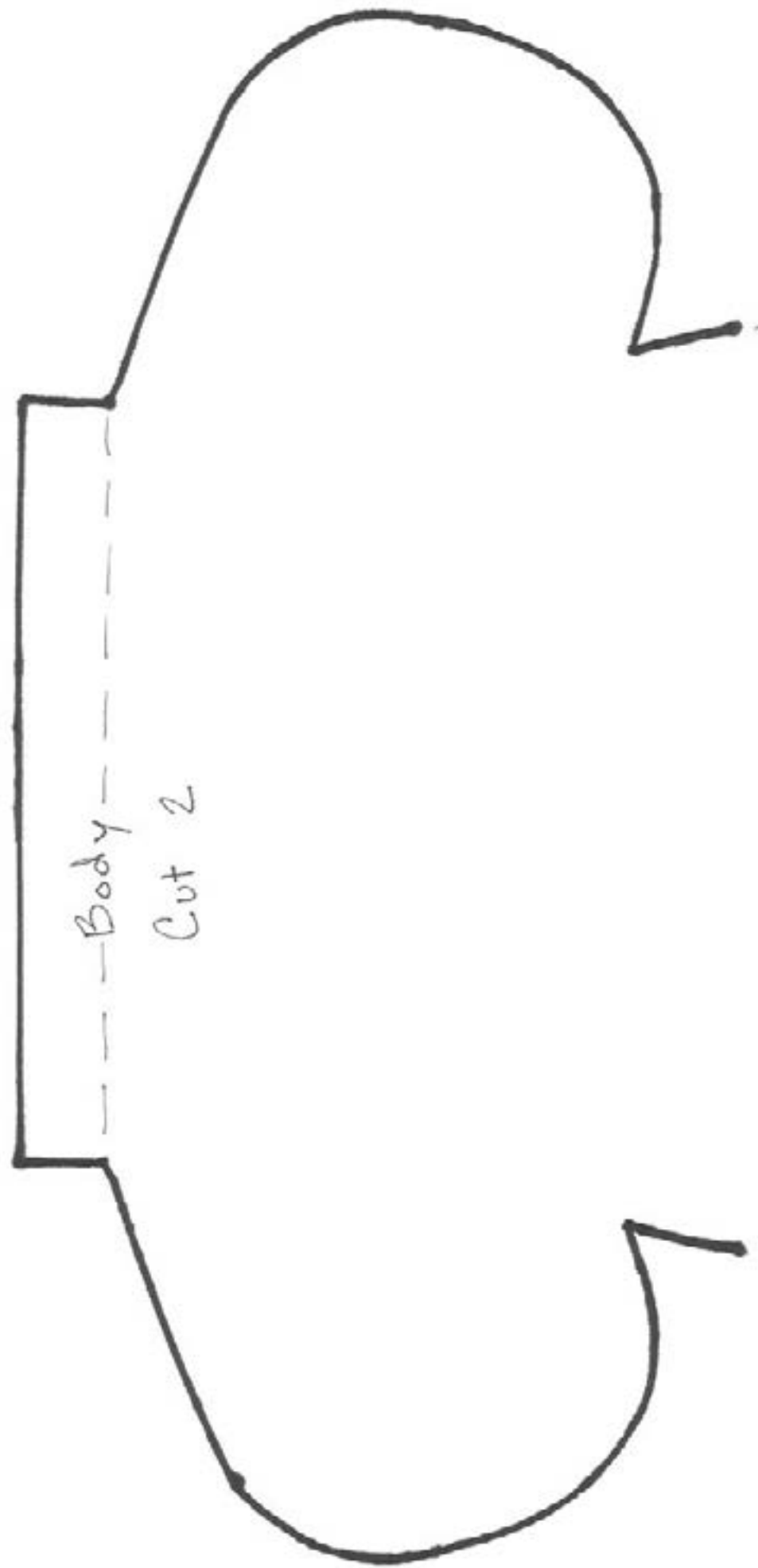
**23**

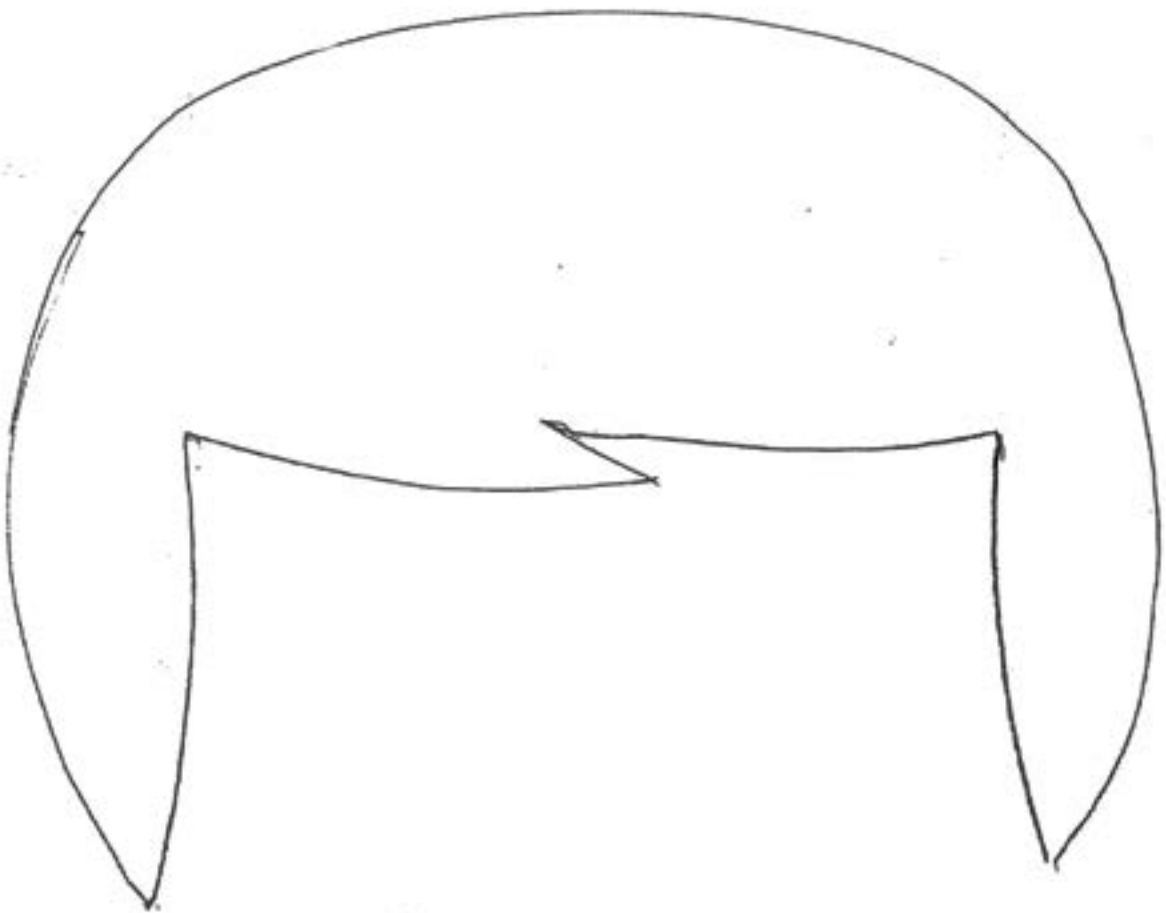
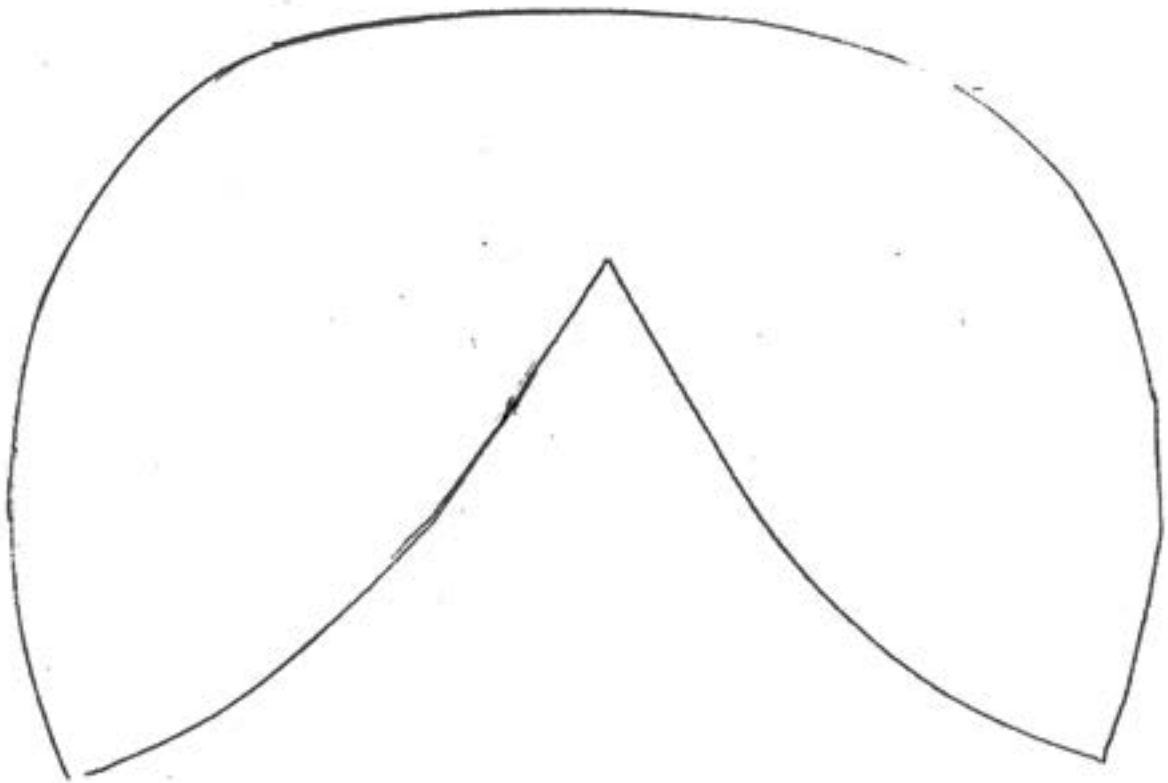
*If you would like to include a small donation to help with our shipping costs, checks can be made out to The Undaunted Foundation or donations can be made at [www.dollsofhope.org/donate](http://www.dollsofhope.org/donate)*

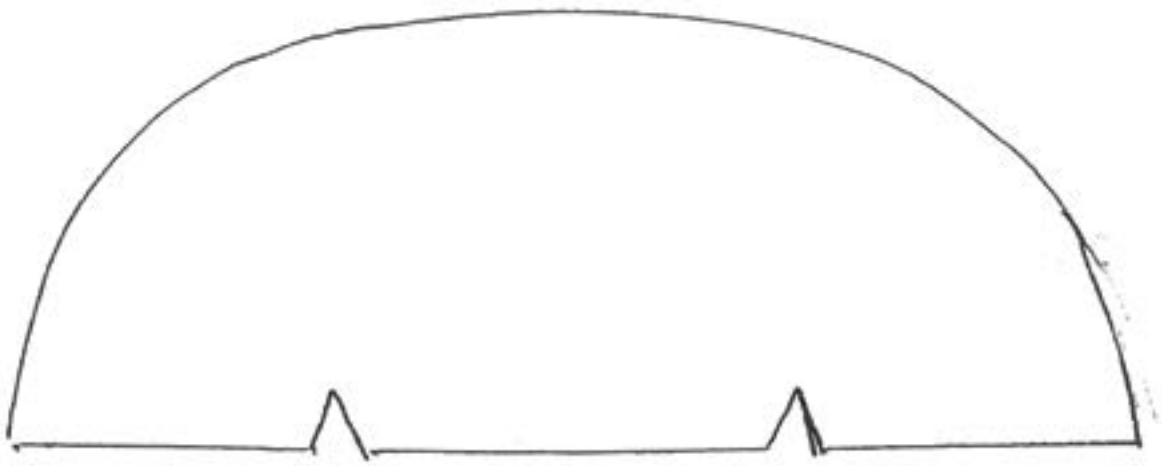
*Dolls of Hope is a project of The Undaunted Foundation, a 501 (c)(3) non-profit organization. All donations are tax deductible.*



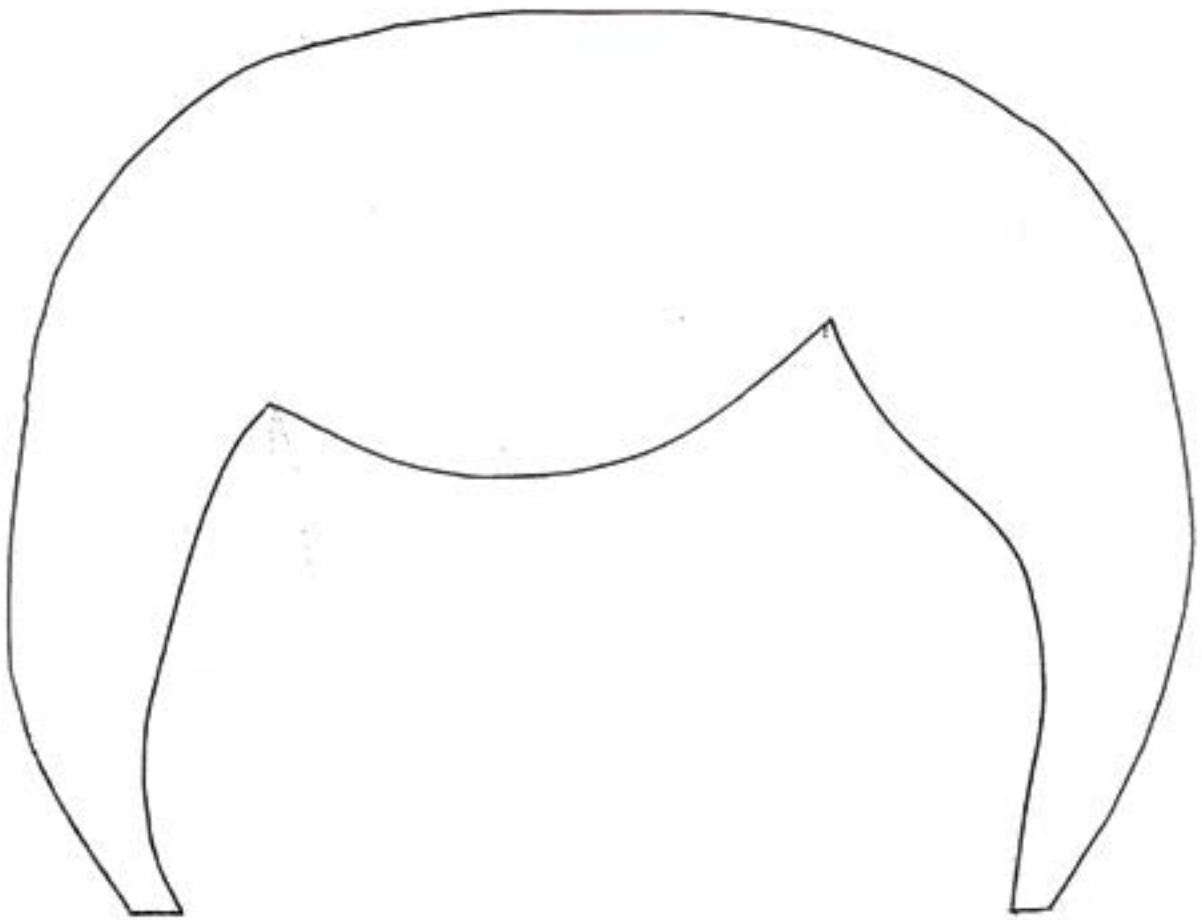








← I cut 4 of these and sew 2 pieces together.  
I haven't tried doing a single layer of  
felt for these pig tails.



Cut 4 pigtails and  
double them up  
to make 2 pigtails.